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本周的美国疾病控制与预防中心《合理用盐电子报》包含近期食品行业表示支持美国食品与药物管理局为食品制造商制定并发布自愿性钠含量指导标准的有关信息。

**食品行业支持****自愿性减钠的指导标准**

两大食品制造商已经宣布，他们支持美国食品及药物管理局颁布自愿性减钠目标。本月，世界上最大的食品公司--雀巢公司宣布了其进一步减钠的行动，这些行动旨在帮助人们每日将每日钠摄入量控制世界卫生组织(WHO)推荐的每天不超过2000毫克这一限额之内。为实现这一目标，雀巢公司将按照雀巢营养分析系统和雀巢营养基础标准，增加其食品和饮料产品的数量。

在玛氏集团成为第一家宣布支持为美国加工食品制定自愿性钠含量标准的食品生产商之后，雀巢加入也紧随其后表示支持这一动议。玛氏集团宣布将于2021年之前让其产品的钠含量平均减少20%。

 更多内容，请点击以下链接：

雀巢全球减钠政策

巢营养分析系统

玛氏食品及营养标准

感谢您一直以来对减盐活动的支持。

请注意：

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Hello –

This week’s CDC Salt e-Update includes recent industry support for FDA’s effort to release voluntary sodium targets for food manufacturers.

**Industry Supports Voluntary Sodium Reduction Guidelines**

Two leading manufacturers have announced support for FDA to release voluntary sodium reduction targets.  This month, the world’s largest food company, Nestlé, [announced further sodium reduction efforts](http://www.nestleusa.com/media/pressreleases/nestle-supports-lower-sodium-targetshttp%3A/www.nestleusa.com/media/pressreleases/nestle-supports-lower-sodium-targets) to help people meet daily intake limit recommended by the World Health Organization (WHO) – no more than 2,000 milligrams of sodium per day –by increasing the number of foods and beverages in accordance with the Nestlé Nutrition Profiling System and the Nestlé Nutritional Foundation criteria.

Nestle joins Mars Inc., the first food producer to announce support for voluntary guidelines for how much salt should be in processed food in the United States. Mars Inc. announces to reduce the amount of sodium in its products by an average of 20% by 2021.

Read more:

[Nestlé's Global Sodium Policy](http://www.nestle.com/asset-library/documents/library/documents/about_us/nestle-policy-salt.pdf)

[Nestlé Nutritional Profiling System](http://www.nestle.com/asset-library/documents/library/documents/nutrition_health_wellness/nestle-nutritional-profiling-system.pdf)

[Mars Food and Nutrition Criteria](http://www.mars.com/global/assets/documents/Mars%20Food%20Nutrition%20Criteria.pdf)

Thank you for your continued engagement in sodium reduction.

*We are sending this information in an effort to inform our stakeholders of relevant sodium reduction efforts that are occurring. The purpose of this communication is to provide continued follow up with stakeholders and create a network of partners working on and interested in sodium reduction. The Salt e-Update will be sent every two weeks. For questions or comments, or to be added or removed from this communication, contact Hadley Hickner (**xxm5@cdc.gov**)*

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