

2016年3月11日

本周的美国疾控中心（CDC）《减盐电子周刊》内容包括：减钠相关新资源

**减钠相关新资源**

近期，有减钠相关新资源出台。ChangeLab Solutions与美国疾控中心合作组织公众健康专业人员对减钠问题以及团购节省资金现状进行了讨论。相关资源以及两次网络研讨会的资料请参见：<http://changelabsolutions.org/publications/shakedown-sodium>.

**美国疾控中心社区减钠计划取得新进展**

在以下地点开展的减钠工作已取得新进展

* 印第安纳州马里昂郡（[领先计划](http://www.cdc.gov/salt/pdfs/successstory-indianapolis.pdf)）
* 宾夕法尼亚州费城（[全城营养标准计划](http://www.cdc.gov/salt/pdfs/successstory-philadelphia.pdf)）以及
* 得克萨斯州省安东尼奥市（[老年人餐饮计划](http://www.cdc.gov/salt/pdfs/success-story-san-antonio.pdf)）

详细内容请参见：<http://www.cdc.gov/salt/guides.htm>.

感谢您一直以来对减盐活动的支持。

请注意：

本简讯英文版由美国疾病预防控制中心发布，中文版由骄阳翻译公司翻译，如有歧义，请以英文版本为准。

该信息为与减钠的相关伙伴机构和个人分享将正在进行的减钠活动信息。目的是为相关同仁提供持续更新的信息，并为对减钠工作感兴趣或致力于减钠工作的个人或机构创建一个合作网络。《减盐电子周刊》将每两周发布一期，如果你知道一些应该添加进来的人，或者你希望被从该通信人中删除，请联系蔡颖女士(caiy@cn.cdc.gov)。

《减盐电子周刊》在内容上只基于新闻价值和读者的潜在兴趣进行选择。美国疾病预防控制中心对所提供文章的真实准确性不承担任何责任。文章的选择、省略或文章内容并不意味着美国疾病预防控制中心对其内容有支持或其它观点。《减盐电子周刊》中原作者的观点或者引用，完全是其个人观点，绝不代表美国疾病预防控制中心的官方立场。所提及的产品、商业名称、出版物、新闻来源以及网站等，仅作参考之用，并不意味着美国疾病预防控制中心的认可。

Hello –

This week’s CDC Salt e-Update includes new resources related to sodium reduction.

**New Resources Related to Sodium Reduction**Recently, new resources have been published related to sodium reduction. ChangeLab Solutions, in collaboration with CDC, developed sodium reduction talking points for public health professionals and a fact sheet related to saving money through group purchasing. The resources, as well as two related and archived webinars, may be found here: <http://changelabsolutions.org/publications/shakedown-sodium>.

**New Success Stories from CDC’s Sodium Reduction in Communities Program**

New success stories have been published related to sodium reduction work in the following locations.

* Marion County, Indiana ([Head Start](http://www.cdc.gov/salt/pdfs/successstory-indianapolis.pdf)),
* Philadelphia, Pennsylvania ([city-wide nutrition standards](http://www.cdc.gov/salt/pdfs/successstory-philadelphia.pdf)), and
* San Antonio, Texas ([senior meals](http://www.cdc.gov/salt/pdfs/success-story-san-antonio.pdf)).

The stories may be found here: <http://www.cdc.gov/salt/guides.htm>.

Thank you for your continued engagement in sodium reduction.

*We are sending this information in an effort to inform our stakeholders of relevant sodium reduction efforts that are occurring. The purpose of this communication is to provide continued follow up with stakeholders and create a network of partners working on and interested in sodium reduction. The Salt e-Update will be sent every two weeks. For questions or comments, or to be added or removed from this communication, contact Jessica Levings at* *JLevings@cdc.gov**.*

*Salt e-Update* content is selected solely on the basis of newsworthiness and potential interest to readers. CDC assumes no responsibility for the factual accuracy of the items presented. The selection, omission, or content of items does not imply any endorsement or other position taken by CDC. Opinions expressed by the original authors of items included in *Salt e-Update*, or persons quoted therein, are strictly their own and are in no way meant to represent the official position of CDC. References to products, trade names, publications, news sources, and Websites are provided solely for informational purposes and do not imply endorsement by the CDC.