

2016年3月11日

本周的美国疾控中心（CDC）《减盐电子周刊》内容包括：减钠相关新资源

**减钠相关新资源**

近期，有减钠相关新资源出台。ChangeLab Solutions与美国疾控中心合作组织公众健康专业人员对减钠问题以及团购节省资金现状进行了讨论。相关资源以及两次网络研讨会的资料请参见：<http://changelabsolutions.org/publications/shakedown-sodium>.

**美国疾控中心社区减钠计划取得新进展**

在以下地点开展的减钠工作已取得新进展

* 印第安纳州马里昂郡（[领先计划](http://www.cdc.gov/salt/pdfs/successstory-indianapolis.pdf)）
* 宾夕法尼亚州费城（[全城营养标准计划](http://www.cdc.gov/salt/pdfs/successstory-philadelphia.pdf)）以及
* 得克萨斯州省安东尼奥市（[老年人餐饮计划](http://www.cdc.gov/salt/pdfs/success-story-san-antonio.pdf)）

详细内容请参见：<http://www.cdc.gov/salt/guides.htm>.

感谢您一直以来对减盐活动的支持。

请注意：

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Hello –

This week’s CDC Salt e-Update includes new resources related to sodium reduction.

**New Resources Related to Sodium Reduction**Recently, new resources have been published related to sodium reduction. ChangeLab Solutions, in collaboration with CDC, developed sodium reduction talking points for public health professionals and a fact sheet related to saving money through group purchasing. The resources, as well as two related and archived webinars, may be found here: <http://changelabsolutions.org/publications/shakedown-sodium>.

**New Success Stories from CDC’s Sodium Reduction in Communities Program**

New success stories have been published related to sodium reduction work in the following locations.

* Marion County, Indiana ([Head Start](http://www.cdc.gov/salt/pdfs/successstory-indianapolis.pdf)),
* Philadelphia, Pennsylvania ([city-wide nutrition standards](http://www.cdc.gov/salt/pdfs/successstory-philadelphia.pdf)), and
* San Antonio, Texas ([senior meals](http://www.cdc.gov/salt/pdfs/success-story-san-antonio.pdf)).

The stories may be found here: <http://www.cdc.gov/salt/guides.htm>.

Thank you for your continued engagement in sodium reduction.

*We are sending this information in an effort to inform our stakeholders of relevant sodium reduction efforts that are occurring. The purpose of this communication is to provide continued follow up with stakeholders and create a network of partners working on and interested in sodium reduction. The Salt e-Update will be sent every two weeks. For questions or comments, or to be added or removed from this communication, contact Jessica Levings at* [*JLevings@cdc.gov*](mailto:JLevings@cdc.gov)*.*

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